# **Marty Dagostino**

## Marty Dagostino MS CPE- Certified Professional Ergonomist

#### **EDUCATION:**

M.S. Work Physiology; November 1987

Ohio University, Athens, Ohio

B.S. Biological Sciences; 1983

Minor: Spanish

Ohio University, Athens, Ohio

WORK EXPERIENCE:

Ergnomic Technologies Corp.

Consultant

### MANUFACTURING ERGONOMICS WORK EXPERIENCE

**Ohio University- Athens, Ohio:** Conducted ergonomic evaluations of six food production facilities the Grounds, Housekeeping, Custodial, Animal Holding, Mail Service, Medical Records and Paint workforce's.

Findings of the assessments, and recommendations, were presented in comprehensive recommendation reports. In addition, all groups that were evaluated were trained on the principals of ergonomics and injury prevention.

**Fenton Art Glass- Willamstown, West Virginia**: Conducted ergonomic evaluations of manufacturing and office environments. Findings of the evaluations were presented in a comprehensive report. Completed department-specific ergonomic and injury prevention training to an hourly workforce of 600 as well as comprehensive ergonomic training to two ergonomic teams.

**Stanley Electric- London, Ohio:** Conducted plant-wide work site assessments. Findings and recommendations were presented in a series of reports. An ergonomic training program was developed for plant engineers. Provided a written Ergonomics Program for the London, Ohio facility.

**Simonton Windows- Nationwide:** Conducted an ergonomic assessment of Ritchie County West Virginia facilities (3) that resulted in an ergonomic recommendation report and the delivery of a written ergonomics policy & procedure. Currently involved in a corporate-wide ergonomic training and implementation process based on the aforementioned ergonomic policy & procedure. Developed a Spanish language ergonomic training and audit process and provided ergonomic training, in Spanish, for personnel at CA. facility.

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#### MANUFACTURING WORK EXPERIENCE (continued)

Cargill Salt Division- Akron, Cleveland (Mine), Ohio & St. Clair, Michigan: Provided ergonomic/physical demand assessments of all tasks, as well as ergonomic training and wellness activities.

**T.S. Trim Inc.- Athens & Canal Winchester, Ohio:** Conducted plant-wide work site assessments. Findings and recommendations have been presented in a series of reports that ranked tasks, based on physical demands, and prescribed line specific rotation schemes. An ergonomic training program was developed for engineers and periodic training of hourly workforce on basic ergonomic principals has been provided.

### Alcan Rolled Products- Ravenswood, West Virginia

Conducted ergonomic work site assessments for the Casting, Plate, Building Services & Laboratory Departments. Findings and recommendations were presented in a report. Back injury prevention training for 500 hourly associates was provided. Wrote a back injury prevention script for a Alcan video production.

### Century Aluminum- Ravenswood, West Virginia:

Ergonomic & back injury prevention training for 600+ hourly associates was provided. Conducted job-specific ergonomic assessments and have participated in arbitration hearings as an expert witness specific to injury claim litigation.

## Alcon Mfg., Inc.- Huntington, West Virginia:

Conducted ergonomic work site assessments of 18 tasks and presented findings in a recommendation report. Ergonomic training was provided for all that were employed at the tasks evaluated.

### Johns Manville- Waterville, Ohio & Parkersburg, West Virginia:

Conducted plant-wide work site assessments. Findings and recommendations were presented in plant-specific reports. At each facility, a comprehensive ergonomic training program was conducted for an "ergonomic team" and select departments and hourly workers received training on basic ergonomic principals.

#### PPG Industries, Inc.- Strongsville, Ohio:

Provided a two-day ergonomic team training program and an hourly train -the-trainer program.

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#### MANUFACTURING ERGONOMICS WORK EXPERIENCE (continued)

### US Postal Service- Carson City, Nevada & Syracuse, New York:

Working with ETC conducted physical demands assessments of postal carriers at two different sites. Assessments included measuring and interpreting workday heart rates, push/pull forces, ambulated distances, excreted catecholamines. Involved in interpreting and organizing data as well as evaluating exercise stress test results.

### ITT Aerospace Division- Fort Wayne, Indiana:

Conducted ergonomic work site assessments of 3 departments and presented findings in a recommendation report. Provided a one-day ergonomic team- training program.

#### ITT Bell & Gossett- Morton Grove, Illinois:

Conducted an ergonomic work site assessment of one department and presented findings in a recommendation report. Provided a one-day ergonomic team- training program.

### JM Smuckers- Lexington, Kentucky & Cincinnati, Ohio:

Conducted an ergonomic review of the organization's ergonomic program and presented findings in a written report. Provided a corporate ergonomic training program for EH&S personnel from 40 facilities.

### American Ordnance- Middletown, Iowa:

Conducted a facility wide ergonomic assessment that involved the evaluation of multiple work locations and processes. Findings of the assessments were presented to the in a comprehensive report that outlined ergonomic recommendations. In addition, provided basic ergonomic training to 800 hourly associates.

#### TRAINING COURSES/SEMINARS

## Kentucky Chamber of Commerce, Frankfort, Kentucky:

Speaker of choice on the topic of ergonomics- conducted ergonomic training programs of various levels for the Chamber.

## West Virginia Chamber of Commerce, Charleston, West Virginia:

Speaker of choice on topic of ergonomics- conducted two-day training programs on ergonomics for the Chamber.

### **PRODUCT ASSESSMENT**

### Magliner, Pinconning, Michigan:

Have provided several product ergonomic assessments and reports for Maglineridentifying ergonomic design features associated with different manual and motorized hand truck applications.

#### OFFICE ERGONOMICS WORK EXPERIENCE

**Environmental Protection Agency (SSA) – Region 5:** Working with ETC, conducted an ergonomic walk through of the EPA's Downtown Chicago, Illinois Facilities and provided office ergonomics training for Region 5 hourly employees as well as a Train-the Trainer program for select Chicago EPA Personnel.

**FDIC – Washington D.C.:** Working with ETC, provided ergonomics awareness training and one-on-one workstation evaluations, provided recommendations for office furniture and accessories at multiple D.C area FDIC locations.

**Social Security Administration (SSA) – Nationwide:** Working with ETC, providing on-going nationwide 'Train-the Trainer' programs in office ergonomics for SSA. In addition, conducted one-on-one workstation adjustment training for employees in the Northeast region. Provided a comprehensive recommendation report for select offices. Wrote the script for- and was the principal presenter in SSA Office Ergonomic Video.

**Highlights for Children- Honington, PA:** Conducted office ergonomic workstation assessments at organization's corporate headquarters. Followed up assessment activities with a workstation specific recommendation report and training program for office workforce.

**Ohio University – Athens, Ohio:** Conducted multiple office ergonomic assessments and training programs for Ohio University's office workforce. Currently involved in the development of an ergonomic furniture and office equipment laboratory.

**Federal Occupational Health (FOH) – Nationwide:** Recruited as needed to conduct individual office ergonomic assessments and training programs as well as addressing ADA issues for federal employees in federal facilities.

**Aztec Peroxides- Elyria, Ohio**: Conducted one-on-one workstation assessments and adjustment as well as training for over 100 employees.

Highlights for Children- Columbus, OH: Conducted ergonomic assessments of approximately 40 telephone solicitation workstations providing individual consults, and submitting a recommendation report that included equipment and workstation design modifications as well as work method suggestions. In addition, conducted ergonomic and injury prevention training for 50 telephone solicitation employees.

**Tiffin City Schools- Tiffin, Ohio**: Conducted 17 individual workstation assessments at the school's administrative office, provided an office ergonomics in-service and submitted a report that outlined equipment and workstation design modifications and recommendation.

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#### WORK EXPERIENCE (continued)

HUMAN DYNAMICS, INC., LANCASTER, OHIO. March 1987 - March 1997.

## The Homer Laughlin China Company, Newell West Virginia:

Provided facility wide ergonomic assessment that involved the evaluation of 40+ work locations and processes and the main office that included the assessment of 100 computer workstations. Findings of the assessments were presented to the Company in a comprehensive report that outlined ergonomic recommendations and a plan for implementing an ergonomics program. Training 1,400 employees including two ergonomic task forces as well as all supervisory, hourly manufacturing and office personnel.

BHP Minerals- Farmington, New Mexico & San Francisco, California – Conducted work site assessments of 575 computer work locations, provided individual consult to associates at each location, and presented a recommendation report that ranked equipment and proposed site-specific solutions. Those associates that had their workstation assessed attended office ergonomics and injury prevention- training courses.

### West Valley Demonstration Project/DOE- West Valley, New York:

Conducted a facility wide assessment that resulted in the evaluation of 300+ computer workstations as well as multiple manufacturing tasks. Findings of the evaluations were presented in a comprehensive report.

### Royal Appliance Mfg. Co. - Multiple Facilities Ohio:

Conducted plant-wide work site assessments. Findings and recommendations were presented in plant-specific reports. At select facilities, a comprehensive ergonomic training program was conducted for an "ergonomic team" and at select facilities hourly workers received training on basic ergonomic principals.

### Gencorp Automotive. – Multiple Facilities USA & Canada:

Conducted plant-wide work site assessments. Findings and recommendations were presented in plant-specific reports. At select facilities, a comprehensive ergonomic training program was conducted for an "ergonomic team" and at select facilities hourly workers received training on basic ergonomic principals.

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#### **PUBLICATIONS**

"Understanding & Preventing Carpal Tunnel Syndrome" <u>1999 Best's Safety</u> <u>Directory</u>

"Ergonomic Guidelines for the Computer Work Station." <u>1998 Best's Safety</u> Directory

"Wrist Braces- Exercise Discretion in Distribution." Professional Safety. July 1997.

"Back Belts - Can They Give You a Lift?" 1996 Best's Safety Directory.

"Carpal Tunnel Syndrome Study Shows Obese Workers Face a Heavy Risk. "Work Place Ergonomics January/February, 1995

"Lumbar Support- Critical Feature to Consider during Chair Selection?" Occupational Health & Safety March, 1994

"Cumulative Trauma Disorder - The Influencing Factors." <u>1993 Best's Safety Directory.</u>

"Carpal Tunnel Syndrome & Related Ergonomic Issues." A reference guide to key topics in push button selection and safety <u>Allen-Bradley White Paper. Publication GI-192.</u> November 1992.

"Carpal Tunnel Syndrome - Industrial Epidemic." <u>Safety & Health</u> November 1989

### **AFFILIATIONS:**

Member- Human Factors & Ergonomics Society

### **CERTIFICATIONS:**

Certified Professional Ergonomist (CPE) #424, 1993.

#### HUBZONE CERTIFIED SMALL BUSINESS

#### FORIEGN LANGUAGES SKILLS:

Excellent verbal and reading skills in Spanish